

Dr. ISHRAT RAFIQUE ESHITA

MBBS, MPH(Public Health), MD,DO (Hyperbaric Medicine,USA)

Resume

Education:

- MD (Doctor of Medicine), DO (Doctor of Osteopathic Medicine) Licenses of American Medical Association (USA) in Hyperbaric & Dive Medicine; by American College of Hyperbaric Medicine, Undersea & Hyperbaric Medical Society, USA. (February 2017)
- MPH (Public Health): Bangabandhu Sheikh Mujib Medical University (July 2015- December 2016)
- MBBS Internship training, Community Based Medical College & Hospital, Bangladesh (May 2012- May 2013)
- MBBS (University of Dhaka), Community Based Medical College & Hospital, Bangladesh (CBMCH), January 2012. (BMDC license no. A 66208)

Professional experiences:

- Medical Consultant, New Life Care Clinic & Diagnostic Centre, Bangladesh, (March 2017- At present)
- Honorary Medical Officer, National Institute of Cancer Research & Hospital, Bangladesh, (January 2015- July 2015)
- LMO, Medical Squadron, Bangladesh Air Force, (June 2014- December 2014)
- Medical Officer, Ahsania Mission Cancer & General Hospital, Mirpur 13, Dhaka, (August 2013- May 2014)
- Intern Doctor in Community Based Medical College & Hospital, Bangladesh (May 2012 - May 2013)

Teaching Experience:

- Lecturer, Department of Microbiology, Ahsania Mission Cancer & General Hospital Institute of Technology (August 2013- May 2014)

Professional Leadership & Peer Review Services:

- Editorial & Research Evaluator: International Journal of Applied Science & Research, India (October 2018-At present)
- Editorial & Research Evaluator Analyst : Global Scientific Journal, India (September 2018-At present)
- Peer Reviewer :Global Journals of Science Frontier Research, USA (September 2018-At present)

Conference Presentations:

- "Decompression Illness: Clinical Aspects of 100 Consecutive Cases Treated In A Single Hyperbaric Unit" In The Annual Scientific Meeting of Undersea & Hyperbaric Medical Society, at Naples Grand Beach Resort, Naples, Florida, USA . (30 June, 2017)
- Young Researchers' Conference The Biomaterials Innovation Research Center, Wyss Institute for Biologically Inspired Engineering & Brigham & Women's Hospital arranged "MICRO & NANOTECHNOLOGIES FOR MEDICINE" (July 17-21, 2017), Cambridge, USA, for Workshop & Presentation.
- "ASSESSMENT OF CANCER RELATED FATIGUE ON THE LIVES OF PATIENTS" in the National Cancer Research Conference, Liverpool, UK, on 5-8 November, 2017. This work on "CANCER FATIGABILITY & ADAPTATION" is 1st in Bangladesh, & also 1st published research done by the most junior Dr.
- The International Conference on Child Abuse, HIV/AIDS, Prevention & Relief from Heart Diseases by American Heart Foundation, on 2018. 1st phase (February 13-18, California ,USA), 2nd phase (February 20-25, Dakar, Senegal).
- The 68th Lindau Nobel Laureate Meeting 2018, Germany, every year only Highly Talented Researchers & Young Scientists get this rare opportunity to meet with The Nobel Prize Winners.
- "Assessment of Cancer-Related Fatigue on the Lives of Patients" -in 2nd Bayer Start-up Pitch Night, 68th Lindau Nobel Laureate Meet 2018 (27 June, 2018)

- "Nutritional Status of Adolescent School Children in Selective Urban & Rural Area" in Mars Science Dinner, 68th Lindau Nobel Laureate Meet 2018 (28 June, 2018)

International & National Awards:

- Global Youth Leadership Award 2019 (Category - Health) on Global Youth Leadership Summit 2019 : 26 & 27 April, 2019 at Kathmandu, Nepal
- BAS-NABIC YOUNG SCIENTIST GRANT AWARD 2018 (Bangladesh Academy of Science, North American Bangladesh Islamic Community).

I received The Young Scientist Grant Award as an outstanding young researcher & being selected as the 1st Bangladeshi Physician Scientist to attend in The Lindau Nobel Laureate Meeting 2018, dedicated to Physiology & Medicine.

- Academic Board Scholarship Award (Talent Pool) by Bangladesh Kindergarten Associations (1993-1995)
- Government Board Scholarship Award (Talent pool) by Education Board Bangladesh (1996-2002)
- National Award in Recitation, (Gold Medal) Given by Former Prime Minister Begum Khaleda Zia (1993)
- National Award in Music (Gold Cup) given by Honorable Prime Minister Sheikh Hasina (2000)
- Champion Award in Quiz Contest, "Pepsodent Brain Check" arranged by Popular TV Channel Ekushe TV, Bangladesh & Dr. Abdun Nur Tushar (2001)
- National Awards in Essay Writing & General Knowledge by Islamic Foundation Bangladesh (1998-2002)
- Thousands of Local & National Awards in Music, Painting, Recitation by Bangladesh Shishu Academy, Bangladesh Shilpokola Academy, Kanthoshilon, Islamic Foundation Bangladesh, Muslim Institute Bangladesh, Bangladesh Nazrul Sena, Shuddhobaak, Raagrang Music School, Udichi. (1991-2004)

Invited Talks & Media Performances:

1. Special Interview as "Young Scientist of Bangladesh" DW- TV, Deutsche Welle, Germany, June 28, 2018

2. Social Call on Medivoice Medical Journal, July 3, 2018
3. Exclusive Interview on Medivoice Medical Journal, July 4, 2018
4. Interview As "Medical Scientist & Researcher" at Program "#LINO18 Lindau Alumna Ishrat Eshita on Managing Cancer Fatigue" (Econ Films, UK) July 9, 2018
5. Interview As "Medical Scientist & Researcher" in DW News (Germany) August 20, 2018
6. Social Call as "Medical Researcher" at Daily Nayadiganta, July 17, 2018
7. As Blogger of "Lindau Diary" at "GERMAN PROBASHE" July 22, 2018
8. Special Feature: "Dr. Eshita- Face to Face of Nobel Laureates" on Medivoice Medical Journal, July 25, 2018
9. As "Medical Scientist & Researcher" at Live Program Ranga Shokal (Maasranga TV, Bangladesh) August 1, 2018
10. As "Medical Scientist & Researcher" at Program Onneshon (RTV, Bangladesh) August 19, 2018
11. As "Medical Scientist & Researcher" at Program Anneshwan-Science Program (DD Bangla, India) August 19, 2018

Languages & Technical skills:

- English (Fluent)
- Bengali (Native)
- MS Word, Excel, PowerPoint, SPSS Statistics

Membership:

Bangladesh Medical & Dental Council (BMDC)

American Medical Student Association (AMSA)

Undersea & Hyperbaric Medical Society (USA)

American College of Hyperbaric Medicine (ACHM)

British Association Cancer Research (BACR)

Organization of Women In Science for the Developing World (OWSD)

Lindau Alumni Network

Amnesty International

Contact details:

Dr. Ishrat Rafique

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Profile Links:

<https://plus.google.com/u/0/me?tab=mX&authuser=0>

https://www.researchgate.net/profile/Ishrat_Eshita

https://twitter.com/r_ishrat

<https://bsmmu.academia.edu/IshratEshita>

<https://scholar.google.com/citations?user=BXrvLicAAAAJ&hl=en>

https://www.linkedin.com/public-profile/settings?trk=d_flagship3_profile_self_view_public_profile

<http://orcid.org/0000-0002-7859-7869>

INVOLVEMENT IN SOCIAL ACTIVITIES

1. Ambassadors :

- American Sexual Health Association (ASHA)
- National Cervical Cancer Coalition (NCCC)
- Global Goodwill Ambassador (GGA)

I've been nominated Global Goodwill Ambassador by founder Richard DiPilla. which works for:

- Uniting the humanitarians in one platform, works to bring the hunger down up to zero level,
- Poverty Alleviation
- Contribute in spreading Education
- Human Rights
- Humanitarian works
- To provide light where there is darkness.

2. Leadership services:

- Bangladesh Medical Students Society Bmss.BD
- International Federation of Medical Student's Association (IFMSA)

3. Community services:

- Free Blood Grouping Campaign
- Blood Pressure & Blood Sugar Monitoring Camp
- Free Eye Camp
- Free Circumcision Camp

- Cleft Lip & Cleft Palate Reconstruction Camp
- Free counseling to patients (poor women garments workers)

4. Volunteer services:

- UN Online Volunteering
- Amnesty International
- Amnesty International Africa
- MITA- Working for unprivileged people
- Save Life Donate Blood- collect voluntary blood donors in need of emergency blood for patients
- Heart to Heart for Humanity Bangladesh
- BADHAN - Voluntary Blood Donors' Organization
- IRODaT - INTERNATIONAL REGISTRY IN ORGAN DONATION AND TRANSPLANTATION
- SANDHANI - SANDHANI has very successfully arranged voluntary blood donation programs, posthumous eye donation programs, drug bank for the distressed people, helping hands for the natural victims, activities on student welfare and many other humanitarian works.
- Rotary International

5. Professional Leadership & Peer Review Services:

Editorial board member & Research Evaluator Analyst of 3 International Journals:

- International Journal of Science Frontier Research (USA, UK, India)
- Global Scientific Journal, India
- International Journal of Applied Science & Research, India

LIST OF PUBLICATIONS

JOURNAL ARTICLES

1. Eshita, IR. Assessment of Cancer Related Fatigue On The Lives of Patients. *International Journal of Scientific & Engineering Research*. Vol 8, Issue (1), January 2017. Page 2018-2087 (ISSN 2229-5518)

<http://www.ijser.org/onlineResearchPaperViewer.aspx?ASSESSMENT-OF-CANCER-RELATED-FATIGUE-ON-THE-LIVES-OF-PATIENTS.pdf>

2. Eshita, IR. Nutritional Status of Adolescent School Children In Selective Urban & Rural Area. *Global Scientific Journal*, Vol 5, Issue (5), May 2017. Page 08-70 (ISSN 2320-9186)

[http://www.globalscientificjournal.com/researchpaper/Nutritional Status Of Adolescent School Children In Selective Urban And Rural Area.pdf](http://www.globalscientificjournal.com/researchpaper/Nutritional%20Status%20Of%20Adolescent%20School%20Children%20In%20Selective%20Urban%20And%20Rural%20Area.pdf)

3. Eshita, IR. Knowledge & Attitude of The Physicians Toward Telemedicine. *Global Scientific Journal*. Vol 5, Issue (12), December 2017. Page 85-146 (ISSN 2320-9186)

<http://www.globalscientificjournal.com/researchpaper/KNOWLEDGE-AND-ATTITUDE-OF-THE-PHYSICIANS-TOWARD-TELEMEDICINE.pdf>

4. Eshita, IR. Perception Regarding Acute Respiratory Tract Infections Among Mothers of Under Five Children. *Global Scientific Journal*, Vol 5, Issue (12), December 2017. Page 220-294 (ISSN 2320-9186)

<http://www.globalscientificjournal.com/researchpaper/PERCEPTION-REGARDING-ACUTE-RESPIRATORY-TRACT-INFECTION-AMONG-MOTHERS-OF-UNDER-FIVE-CHILDREN.pdf>

5. Eshita, IR. Health Problems & Health Care Seeking Behavior of Street Children In Dhaka City. *International Journal of Technical Research & Science*, Vol 2, Issue XII, January 2018. Page 797- 804 (ISSN 2454-2024)

http://ijtrs.com/uploaded_paper/HEALTH%20PROBLEMS%20AND%20HEALTH%20CARE%20SEEKING%20BEHAVIOR%20OF%20STREET%20CHILDREN%20IN%20DHAKA%20CITY.pdf

6. Eshita, IR. Perception Regarding Nipah Virus Infection Among Rural Community In Bangladesh. *Global Scientific Journal*, Vol 6, Issue (2), February 2018. Page 62-120 (ISSN 2320-9186)

<http://www.globalscientificjournal.com/researchpaper/PERCEPTION-REGARDING-NIPAH-VIRUSINFECTION-AMONG-RURAL-COMMUNITYIN-BANGLADESH.pdf>

7. Md. Rasel ¹, Sakib Hossain Bhuiyan ², Md. Shak Sadi ³, Dr. Ishrat Rafique Eshita ⁴, Rajib Mia ⁵, Mohammad Tofayel Ahmed ⁶, Md. Naime Hossain Bhuiyan ¹ An Approach for Development of Medical Textiles; Safety Issue of Garments (Female) Worker. *American Journal of Materials Science*, Vol 8, Issue (2), April 2018. Page 27-31 (ISSN: 2162-8424)

https://l.facebook.com/l.php?u=http%3A%2F%2Farticle.sapub.org%2F10.5923.j.materials.20180802.01.html&h=ATN_qHn4yw-QJVIhsf1L6zbhq8d5RyfbldFw2wbmO_Djh8V0eCcWq_alnGS-ILK2PsgheCkCRmozVOMpr3DImhSVM5MyaaLx89X8AcTzLD_q8StrsDM&s=1

8. Eshita, IR. Diving & Decompression Illness: Clinical Aspects of 100 Consecutive Cases Treated In A Single Hyperbaric Unit. *American Journal of Clinical & Experimental Medicine*. (accepted)

BOOKS

9. Assessment of Cancer- Related Fatigue on the Lives of Patients

<https://www.morebooks.de/store/gb/book/assessment-of-cancer-related-fatigue-on-the-lives-of-patients/isbn/978-3-330-05853-8>

10. Perception Regarding ARI Among Mothers of Children Under Five

<https://www.morebooks.de/store/gb/book/perception-regarding-ari-infection-among-mothers-of-children-under-5/isbn/978-3-330-08408-7>

11. Nutritional Status of Adolescent School Children In Urban & Rural Area

<https://www.morebooks.de/store/gb/book/nutritional-status-of-adolescent-school-children-in-urban-rural-area/isbn/978-3-330-32546-3>

12. Knowledge & Attitude of The Physicians Toward Telemedicine

<https://www.morebooks.de/store/gb/book/knowledge-and-attitude-of-the-physicians-toward-telemedicine/isbn/978-3-330-32829-7>

13. Engineering Control of Occupational Health hazards

https://www.amazon.in/Engineering-Control-Occupational-Health-Hazards-ebook/dp/B06XYVSSCF/ref=sr_1_7/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-7

14. Climate Change & Health

https://www.amazon.in/CLIMATE-CHANGE-HEALTH-Ishrat-Eshita-ebook/dp/B06XZM9W4F/ref=sr_1_5?s=digital-text&ie=UTF8&qid=1540576432&sr=1-5

15. Anemia

https://www.amazon.in/ANAEMIA-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XZQX5M8/ref=sr_1_3/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-3

16. Primary Health Care

https://www.amazon.in/PRIMARY-HEALTH-CARE-Ishrat-Eshita-ebook/dp/B06XZ73YM5/ref=sr_1_7?s=digital-text&ie=UTF8&qid=1540576432&sr=1-7

17. Academic Stress Among School Going Urban Adolescent Students

https://www.amazon.in/ACADEMIC-STRESS-SCHOOL-ADOLESCENT-STUDENTS-ebook/dp/B06XZP6R8W/ref=sr_1_3?s=digital-text&ie=UTF8&qid=1540576432&sr=1-3

18. Health Problems of The Aged- A Progressive Concern For The World & Bangladesh

19. Common Child Health Problems

https://www.amazon.in/Common-Health-Problems-Ishrat-Rafique-ebook/dp/B06XYLGRKB/ref=sr_1_11/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-11

20. Emerging & Reemerging Diseases- Global & Bangladesh Scenario

https://www.amazon.in/EMERGING-REEMERGING-DISEASES-BANGLADESH-PERSPECTIVE-ebook/dp/B06XZRP4BG/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1540576432&sr=1-1

21. Coronary Artery Diseases

https://www.amazon.in/CORONARY-ARTERY-DISEASES-Ishrat-Eshita-ebook/dp/B06XZNYM5L/ref=sr_1_4?s=digital-text&ie=UTF8&qid=1540576432&sr=1-4

22. Drug Abuse

23. Hypertension

24. Cancer

https://www.amazon.in/Cancer-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XYR6373/ref=sr_1_9/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-9

25. Common Psychological Problems

26. Schizophrenia

https://www.amazon.in/SCHIZOPHRENIA-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XYW3V1D/ref=sr_1_6/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-6

27. Cerebrovascular Diseases

https://www.amazon.in/Cerebrovascular-Diseases-Ishrat-Rafique-Eshita-ebook/dp/B06XY8JDN3/ref=sr_1_16/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-16

28. Obesity

https://www.amazon.in/OBESITY-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XZ7495W/ref=sr_1_5/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-5

29. Non-Communicable Diseases

30. International Health Organizations

https://www.amazon.in/International-Health-Organization-Ishrat-Eshita-ebook/dp/B06XZ7S2G2/ref=sr_1_6?s=digital-text&ie=UTF8&qid=1540576432&sr=1-6

31. Diabetes

https://www.amazon.in/Diabetes-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XYVB13R/ref=sr_1_8/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-8

32. Anxiety Disorder & Depression

33. Screening & Surveillance of Non-communicable Diseases

https://www.amazon.in/SCREENING-SURVEILLANCE-NON-COMMUNICABLE-DISEASES-ebook/dp/B06XYT5LZS/ref=sr_1_11?s=digital-text&ie=UTF8&qid=1540576432&sr=1-11

34. Autism

https://www.amazon.in/AUTISM-Dr-Ishrat-Rafique-Eshita-ebook/dp/B06XYBWGN9/ref=sr_1_2/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-2

35. Cardiovascular Diseases

https://www.amazon.in/Cardiovascular-Diseases-Ishrat-Rafique-Eshita-ebook/dp/B06XYJL2FP/ref=sr_1_13/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-13

36. Accidents & Injury

https://www.amazon.in/Accidents-Injury-Ishrat-Rafique-Eshita-ebook/dp/B06XYKJ7T5/ref=sr_1_12/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-12

37. Perception Regarding Nipah Virus Infection Among Rural Community In Bangladesh

https://www.amazon.in/PERCEPTION-REGARDING-INFECTION-COMMUNITY-BANGLADESH-ebook/dp/B079RDMP1X/ref=sr_1_1/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-1

38. Rheumatic Heart Diseases

https://www.amazon.in/RHEUMATIC-DISEASE-Ishrat-Rafique-Eshita-ebook/dp/B06XZ7RCF9/ref=sr_1_4/260-7401161-1179768?s=digital-text&ie=UTF8&qid=1540575995&sr=1-4

39. Balanced Diet

https://www.amazon.in/BALANCED-DIET-Dr-Ishrat-Eshita-ebook/dp/B06XZ6LVVN/ref=sr_1_8?s=digital-text&ie=UTF8&qid=1540576432&sr=1-8